

February 2021

Age 50+ Daily Calendar – Every Week

Hours: Mon – Fri 8 a.m. – 4:30 p.m.

	Monday	Tuesday	Wednesday	Thursday	Friday
ABC Exercise		9:30am –10:15am \$1.00		9:30am –10:15am \$1.00	
AARP FitLot Park	8:00am -7:00pm FREE	8:00am -7:00pm FREE	8:00am -7:00pm FREE	8:00am -7:00pm FREE	8:00am -7:00pm FREE
Billiards	8:00am -4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00
BINGO					50¢ for 3 cards 1:00 pm 2/12&26
Cardio Flex	10:45am-1:30am \$1.00 Starting in March	10:45am-11:30am \$1.00	10:45am-1:30am \$1.00 Starting in March	10:45am-11:30am \$1.00	
Crochet			1:00pm-3:00pm \$1.00		1:00pm - 3:00pm \$1.00
Cornhole	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00
Exercise Equipment	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00
Quilting				1:00pm-4:00pm \$1.00	
Scrapbooking		1:00pm-3:00pm \$1.00			
Shuffleboard	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00	8:00am -4:30pm \$1.00
Wii Bowling		1:00pm – 3:00pm \$1.00			

MONTHLY	Day	Date	Time	Cost
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<u>How's Your Hearing?</u>	T	Feb. 2	9:00 a.m. - 11:15 a.m. (Call 427-6460 to make your appointment)	Free
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<u>Diabetes Screening</u>	Th	Feb. 4	9:00 a.m. – 11:00 a.m. (No appointment necessary)	Free
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<u>Legal Counseling</u>	F	Feb. 5	9:00 a.m.- 12:00 p.m. (Call 427-6460 to make your appointment)	Free
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<u>Tuesday Movie</u> Sponsored By Miller's Health Systems of Greater FW	T	Feb. 2 Feb. 16	1:30 p.m. "Call of the Wild" "Emma" (Pre-register by the Monday prior)	Free
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<u>SHIP</u>	Th	Feb. 4 & 18	9:00 a.m. -12:00 p.m. (Call 427-6460 to make your appointment)	Free
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<u>Book Sale</u> Book Sales are open to the public and feature hardback books, paperbacks and DVD's. Donations are always welcome, so bring in your old and gently used books!	T-Th	Feb 9-11	8:00 a.m. – 7:30 p.m.	Varies
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