

September 2021

Age 50+ Daily Calendar – Every Week

Hours: Mon – Fri 8 a.m. – 4:30 p.m.

DAILY ACTIVITIES

AARP FitLot Park	8:00 am- Dusk	FREE
Billiards	8:00 am-4:30 pm	\$1
Circuit Training	8:00am-4:30pm	\$1
Cornhole	8:00 am-4:30 pm	\$1
Exercise Equipment	8:00 am-4:30 pm	\$1
Shuffleboard	8:00 am-4:30 pm	\$1



JOIN US FOR OUR BOOK SALE

September 7-9, 8:00 a.m.-6:00 p.m.

Open to the public and features hardback books, paperbacks and more at low prices.

WEEKLY RECURRING EVENTS

MONDAY

Table Tennis	8:30am-11:30am	\$1
Tech Help for Seniors	9:00am-12:00pm	FREE
Cardio Flex	10:45am-11:30am	\$1

TUESDAY

ABC Exercise	9:30am-10:15am	\$1
Cardio Flex	10:45am-11:30am	\$1
Scrapbooking	1:00pm-3:00pm	\$1

WEDNESDAY

Table Tennis	8:30am-11:30am	\$1
Crochet	10:00am-12:00pm	\$1
	1:00pm-3:00pm	\$1

THURSDAY

ABC Exercise	9:30am-10:15am	\$1
Cardio Flex	10:45am-11:30am	\$1
Quilting	1:00pm-4:00pm	\$1

FRIDAY

Tech Help for Seniors	9:00am-12:00pm	FREE
Crochet	1:00pm-3:00pm	\$1

<u>MONTHLY</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Cost</u>
<u>SHIP</u>	Th	Sept 2	9:00 a.m. -12:00 p.m.	Free
	Th	Sept 16	(Call 427-6460 to make an appointment)	
<u>How's Your Hearing?</u>	T	Sept 7	9:00 a.m. - 11:15 a.m.	Free
			(Call 427-6460 to make your appointment)	
<u>Tuesday Movie</u>	T	Sept 7	1:30 p.m. "A Rainy Day in New York"	Free
	T	Sept 21	1:30 p.m. "The War with Grandpa"	
			(Pre-register by the Monday prior)	
<u>Diabetic Screening</u>	Th	Sept 9	9:00 a.m. - 11:00 a.m.	Free
			(No appointment is required)	
<u>Legal Counseling</u>	F	Sept 10	9:20 a.m.- 11:00 p.m.	Free
<u>Bingo</u>	F	Sept. 10	1:00 p.m. – 3:00 p.m.	\$.50/3 cards
	F	Sept 24		
<u>Monday Luncheon</u>	M	Sept 20	12:00 p.m.	\$4
			"Everything Apple": Lutheran Life Villages	
<u>Downtown Walkers</u>	W	Every Wed	11:00 a.m.	Free
It's time to get outside and enjoy a nice walk! Make some friends and join us as we walk different routes through Downtown Fort Wayne. Call 427-6460 to sign up.				