



# August 2019

## Age 50+ Daily Calendar – Every Week

Hours: Mon – Fri 8 a.m. – 4:30 p.m. Sat 8 a.m.-12 p.m.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<b>Arthritis Exercise</b>		10:00am-10:45pm \$1.00		10:00am-10:45pm \$1.00		
<b>Billiards</b>	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00	8:00am-4:30pm \$1.00
<b>BINGO</b>					50¢ for 3 cards 1:00 pm 8/9 & 8/23	
<b>Cardio Flex</b>		11:00am-11:45am \$1.00		11:00am-11:45pm \$1.00		
<b>Chair Yoga</b>			1:30pm-2:30pm \$1.00			
<b>Comp. Lab</b>	12:30pm - 2:30pm \$1.00 per hour			9:00am - 11:00pm \$1.00 per hour		
<b>Cornhole</b>					9:30am -11:30am \$1.00	9:30am-11:30am \$1.00
<b>Crochet</b>			10am - 12pm & 1pm-3pm \$1.00		1:00pm - 3:00pm \$1.00	
<b>Euchre</b>			12:30pm- 3:00pm \$1.00			
<b>Everyday Exercise</b>		9:00am – 9:45am \$1.00		9:00am – 9:45am \$1.00		
<b>Ex. Equip.</b>	8:00am - 4:30pm \$1.00	8:00am - 4:30pm \$1.00	8:00am - 4:30pm \$1.00	8:00am - 4:30pm \$1.00	8:00am - 4:30pm \$1.00	8:00 am – noon \$1.00
<b>Flex &amp; Groove</b>	6:00pm-7:00pm \$1.00					
<b>Mah Jongg</b>					12:00pm- 4:00pm \$1.00	
<b>Quilting</b>				1:00pm – 4:00pm \$1.00		
<b>Scrapbooking</b>		1:00pm -3:00pm \$1.00				
<b>Table Tennis</b>	8:30am -11:30am \$1.00		8:30am - 11:30am \$1.00			
<b>Wii Bowling</b>		11:00am - 2:00pm \$1.00				8:00 am – noon \$1.00

<b>MONTHLY</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Cost</b>
<b><u>Legal Counseling</u></b>	F	Aug. 2	9:00 a.m. -12:00 p.m. Call 427-6460 for appointment	Free
<b><u>Hearing Screening</u></b>	T	Aug.6	9:00 a.m. -11:15 a.m. Call 427-6460 for appointment	Free
<b><u>Tuesday Movie</u></b>	T	Aug. 6	1:30 p.m. "Green Book"	Free
	T	Aug. 20	1:30 p.m. "The Old Man and the Gun" (Pre-register the Monday prior to the movie by calling 427-6460)	
<b><u>Monday Luncheon</u></b>	M	Aug. 19	11:30 a.m. "National Potato Day" (Pre-register by 4 pm on the prior Wednesday)	\$4
Supporting Sponsor:The Hearth at Sycamore Village				
<b><u>Crop till you Drop</u></b>	T	Now –August 27	1:00 -3:00 p.m.	\$1
Discover the joy of scrapbooking! As a hobby, it is as relaxing as it is creative and it preserves memories!				