GAME EVENTS FOR MEN AND WOMEN AGES 50+
36 FUN AND CHALLENGING SPORTS AND

COMMUNITY CENTER
233 W. MAIN ST.
Fort Wayne, IN 46802

WWW.FORTWAYNEPARKS.ORG
(260)-427-6460

JUNE 3-21, 2019  |  FORT WAYNE, IN
41ST ANNUAL
SHUFFLEBOARD COURTS

The Community Center has 4 shuffleboard courts. Come join the fun. Only $1 to play Monday-Friday from 8:00 am-4:30 pm and Saturday from 8:00 am-12:00 pm. Organized group play is on Thursdays, 9:00 a.m.-12:00 p.m. Equipment is provided. Call 427-6460 for information.

PICKLEBALL
LIONS PARK, CAREW AND HAZELWOOD
Pickleball courts are available at Lions Park for you to get a little practice in before the competition begins.

EUCHRE
WEDNESDAYS, 12:30-3:00 P.M.
COMMUNITY CENTER, 233 W. MAIN ST.
Join other Euchre fans every Wednesday afternoon for card playing fun. No pre-registration is required. Just take a seat and deal the cards. Drop-in fee: $1.

BILLIARDS
MONDAY-FRIDAY, 8:00 A.M.-4:30 P.M., SATURDAY, 8:00 A.M.-12:00 P.M.
COMMUNITY CENTER, 233 W. MAIN ST.
The billiards room at the Community Center is open for 50+ play during public hours. Bring your own equipment or use ours. You could play all day! Drop-in fee: $1.

ACTIVE AGING WEEK
SEPTEMBER 23-28, 2019

SENIOR GAMES HEALTH & WELLNESS FAIR
MONDAY, JUNE 3, 8:00 A.M.-11:00 A.M.
COMMUNITY CENTER, 233 W. MAIN ST.
Stop by the Health & Wellness Fair on Senior Games Opening Day. We will test your grip strength, hearing, flexibility, body mass index, blood pressure, balance and waist/hip ratio. You’ll find tips for healthy eating, Community Center class demonstrations, fun games and much more! It’s a great start to the Senior Games!

RECREATIONAL SHUFFLEBOARD LEAGUE
WEDNESDAYS, JULY 17-AUGUST 28, 9:30 A.M.
COMMUNITY CENTER, 233 W. MAIN ST.
Shuffle on down to the Community Center and sign up for some fun in the sun. There will be some pushing and shoving, but it’s all just part of the game! Arrival time is 9:00 a.m. for set up and preparation while competition begins at 9:30. Prizes will be awarded to the top 3 individuals at the conclusion of the league. Call 427-6460 by July 11 to sign up. Drop-in fee: $1.

TABLE TENNIS
MONDAYS & WEDNESDAYS, 8:30-11:30 A.M.
COMMUNITY CENTER, 233 W. MAIN ST.
The tables are set up in the multi-purpose room every Monday and Wednesday... same set-up that we use for the Games. Practice your skills or learn to play. Drop-in fee: $1.

FOOT GOLF
Foot Golf is a sport where participants kick a soccer-like ball into a large round cup. The sport is played on a golf course under normal playing golf rules. This is a new sport that is taking golf courses by storm. It’s fun and playable for all ages, and you get some great exercise as well! Try it out this summer at the Mad Anthony Ills Golf Course in McMillen Park. For more information, call 427-6710.

WII BOWLING
TUESDAY, 11:00 A.M.-1:00 P.M.
COMMUNITY CENTER, 233 W. MAIN ST.
Tons of fun, but no heavy ball! Join the fun and friendly competition on Wednesday afternoons. Drop-in fee: $1.

CORNHOLE
FRIDAYS, 9:30-11:30 A.M.
COMMUNITY CENTER, 233 W. MAIN ST.
Perfect your cornhole game before the Senior Games competition. Drop-in fee: $1.

MORE FUN AND GAMES
ACTIVE AGING WEEK
SEPTEMBER 23-28, 2019

2018 Senior Games Champions
Richard Quintano and Holly Small
2019 50+ SENIOR GAMES ENTRY FORM

Name ______________________ Age (as of 6/1/19) ☐ 50-59 ☐ 60-64 ☐ 65-69 ☐ 70-74 ☐ 75+ Sex: ☐ M ☐ F
Address _____________________ City ______________ State _____ Zip __________
Phone ______________________ Alternate Phone ___________________ E-Mail Address ___________________

Sex: ☐ M ☐ F

I agree to release the City of Fort Wayne, Fort Wayne Parks & Recreation, Georgetown Bowl, Turnstone, Corner Pocket, Putt-Putt Fun Center, Hearing Aids Plus, Fort Wayne Outfitters, Fort Wayne Disc Golf Club, St. Joe Athletic Club, United Healthcare, ASC, TLC Management, Senior Helpers, Parkview Physicians Group, Parkview Heart Institute, Senior Life Newspaper, StoryPoint Senior Living, ACRES Land Trust, Adaptive Nursing, Majestic Care, Oak Street Health, Signature HealthCare, their officers, employees and volunteers, from any and all liability for accidents, injuries, loss of and/or damage to my person or property that may arise out of my participation in the Senior Games. I have no physical restrictions which would prohibit my participation in the events I have selected. My physician is aware of my intent to participate in Senior Games.

In an emergency, please contact: Name ___________________________ Phone _______________

Physician ____________________________ Phone __________________________
Signature ______________________________ Date __________

Please check the events you wish to enter and your choice of registration options and return this form with applicable fees to the Fort Wayne Parks and Recreation Community Center, 233 W. Main St., Fort Wayne, IN 46802. The entry deadline is Saturday, May 18, 2019. Office hours are Monday-Friday, 8:00 a.m.-4:30 p.m and Saturday 8:00 a.m.-12:00 p.m. Please make checks payable to the Board of Park Commissioners.

☐ Archery A1
☐ Basketball Free Throw C4
☐ Basketball Around the World C5
☐ Bicycle Tour T5
☐ Billiards 9-Ball F1
☐ Billiards 8-Ball R1
☐ Bocce W1
☐ Bowling (max. 60, pick one time)
☐ 10 am C6 ☐ 2 pm M2
☐ Bridge T4
Partner: ______________________
☐ Canoeing-1 hr C1 (max. 12)
☐ Canoeing-2 hr C2 (max. 12)
☐ Checkers
☐ Connect Four
☐ Cornhole W6
☐ Cornhole Doubles Partner: _______________
☐ Croquet W3
☐ Darts W4
☐ Disc Golf D1
☐ Euchre (pick one day)
☐ Monday T2 ☐ Tuesday T9
☐ Fishing - Casting S1
☐ Fishing Derby S2
☐ Foot Golf A7
☐ Golf Chip & Putt (pick one time)
☐ 9 am F2 ☐ 10:30 am F5
☐ Golf Par 3 (max. 44, pick one)
☐ 4 pm R6 ☐ 5:30 pm A8
☐ Golf - Men (18 holes) F6
☐ I will rent a cart
☐ Golf - Women (pick one)
☐ 9 holes W7 ☐ 18 holes W9
☐ Horseshoes W5
☐ Mah Jong A2
☐ Mini Golf, (pick one time)
☐ 8 am T1 ☐ 9 am A9
☐ Pickleball Singles T6
☐ ½ Court ☐ Full Court
☐ Pickleball Doubles T7
Partner: _______________
☐ Pickleball Mixed Doubles T8
Partner: _______________
☐ Pinochle R5
☐ Shuffleboard M1
☐ Softball Hitting R4
☐ Softball Throw R3
☐ Spades R2
☐ Table Tennis, Singles M3
☐ Table Tennis, Doubles M4
☐ Timed Walk T3
☐ Walking Tour M5
☐ Wii Bowling C7

PARTNER REQUESTS (REQUESTED PARTNERS MUST BE REGISTERED FOR THE SAME EVENT(S) ON THEIR OWN REGISTRATION)

REGISTRATION OPTIONS:

☐ # of events _______ x $1/event ($2 after May 18) $ __________
☐ (Optional) Official 2019 50+ Senior Games T-Shirt ($6), size: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL $ __________
If you register for 5 or more events, your t-shirt is FREE! Surplus shirts will be available for purchase ($7 after start of games)

☐ I plan to attend the Opening Ceremony/Complimentary Breakfast on June 3. There is no charge for this event. A1 NO CHARGE
# attending Opening Ceremony (Participant + Guest) = ________

☐ (Optional) 41st Anniversary Cookout: All Senior Games participants and their guests are invited to attend the Cookout at the Franke Park Pavilion #1, Friday, June 21, 6:00 p.m. (You must participate in at least one event to qualify for the $3 participant meal charge.) $ __________
Games participant $3 = $ __________
# Non-participant guests _______ x $8 = $ __________

★ NO REFUNDS ★ TOTAL FEES DUE $ __________
# LEVEL OF DIFFICULTY FOR 50+ SENIOR GAMES EVENTS

**1 = EASY**
No prior experience needed and little physical exertion is required.

**2 = MODERATE**
Some prior experience is recommended. Terrain may be uneven. Some physical exertion and change in posture required (bending, stooping, reaching, etc.)

**3 = CHALLENGING**
Should be familiar with rules and have a good understanding of the event. A large amount of physical exertion may be required.

**DISCLAIMER:** THE ABOVE RATINGS ARE SUBJECTIVE AND ARE DESIGNED TO HELP INFORM PARTICIPANTS ABOUT THE EVENTS. PLEASE CONTACT THE COMMUNITY CENTER IF YOU HAVE SPECIFIC QUESTIONS ABOUT ANY EVENT.

<table>
<thead>
<tr>
<th>Event</th>
<th>Physical Difficulty</th>
<th>Knowledge Required</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archery</td>
<td>2</td>
<td>2</td>
<td>Requires strength and good eye coordination</td>
</tr>
<tr>
<td>Bball Free Throw</td>
<td>2</td>
<td>1</td>
<td>Requires ability to shoot a basketball from long distance</td>
</tr>
<tr>
<td>Bball Around World</td>
<td>2</td>
<td>1</td>
<td>Requires ability to shoot a basketball from long distance</td>
</tr>
<tr>
<td>Bicycle Tour</td>
<td>2</td>
<td>1</td>
<td>Requires ability to ride a bicycle over a paved surface for 11 miles</td>
</tr>
<tr>
<td>Billiards</td>
<td>1</td>
<td>2</td>
<td>Should have understanding of 9-Ball and 8-Ball</td>
</tr>
<tr>
<td>Bocce</td>
<td>1</td>
<td>1</td>
<td>Ability to roll 1-lb ball about 40 feet; walk on uneven grass surface</td>
</tr>
<tr>
<td>Bowling</td>
<td>2</td>
<td>1</td>
<td>Requires strength and balance to roll a bowling ball for 3 games</td>
</tr>
<tr>
<td>Bridge</td>
<td>1</td>
<td>3</td>
<td>Must know how to play the game</td>
</tr>
<tr>
<td>Canoeing</td>
<td>3</td>
<td>3</td>
<td>Must be comfortable in water, be able to walk on uneven surface, paddle with both arms, stoop and bend</td>
</tr>
<tr>
<td>Casting</td>
<td>1</td>
<td>1</td>
<td>Will be casting a fishing line for accuracy from 50 feet</td>
</tr>
<tr>
<td>Checkers</td>
<td>1</td>
<td>2</td>
<td>Must know how to play the game</td>
</tr>
<tr>
<td>Chip and Putt</td>
<td>1</td>
<td>1</td>
<td>Requires ability to hit short irons and putt on a 9-hole par three golf course</td>
</tr>
<tr>
<td>Connect 4</td>
<td>1</td>
<td>1</td>
<td>Must know how to play the game</td>
</tr>
<tr>
<td>Cornhole</td>
<td>1</td>
<td>1</td>
<td>Requires ability to throw a 1-lb. beanbag 20-30 feet</td>
</tr>
<tr>
<td>Croquet</td>
<td>1</td>
<td>1</td>
<td>Requires ability to hit a ball with a mallet on uneven grass surface</td>
</tr>
<tr>
<td>Darts</td>
<td>1</td>
<td>1</td>
<td>Requires ability to throw 6 darts a distance of 7’ 9” at a target</td>
</tr>
<tr>
<td>Disc Golf</td>
<td>2</td>
<td>1</td>
<td>Requires ability to walk on uneven terrain for 18 holes and toss a Frisbee to 100 feet</td>
</tr>
<tr>
<td>Euchre / Spades</td>
<td>1</td>
<td>3</td>
<td>Must know how to play</td>
</tr>
<tr>
<td>Fishing Derby</td>
<td>1</td>
<td>1</td>
<td>Requires ability to throw a line in the water and hold on</td>
</tr>
<tr>
<td>Foot Golf</td>
<td>2</td>
<td>1</td>
<td>Requires ability to kick a soccer ball into a large hole on a par 3 golf course</td>
</tr>
<tr>
<td>Golf</td>
<td>2</td>
<td>3</td>
<td>Requires ability to play standard 9 or 18 holes of golf</td>
</tr>
<tr>
<td>Hitting Challenge</td>
<td>2</td>
<td>2</td>
<td>Requires ability to hit (or swing at) a machine-pitched softball 10 times for distance</td>
</tr>
<tr>
<td>Horseshoes</td>
<td>2</td>
<td>1</td>
<td>Requires ability to throw a 2½ lb. horseshoe 40 feet</td>
</tr>
<tr>
<td>Mah Jong</td>
<td>1</td>
<td>3</td>
<td>Must know how to play</td>
</tr>
<tr>
<td>Miniature Golf</td>
<td>1</td>
<td>1</td>
<td>18 holes of putting at outdoor Putt Putt Fun Center</td>
</tr>
<tr>
<td>Par Three Golf</td>
<td>2</td>
<td>1</td>
<td>Requires ability to hit short irons and putt on a 9-hole par three golf course</td>
</tr>
<tr>
<td>Pickleball</td>
<td>2</td>
<td>2</td>
<td>Must know how to play; requires ability to run short distances, start and stop quickly</td>
</tr>
<tr>
<td>Double-Deck Pinochle</td>
<td>1</td>
<td>3</td>
<td>Must know how to play</td>
</tr>
<tr>
<td>Shuffleboard</td>
<td>1</td>
<td>1</td>
<td>Minimal walking; good balance and some acquaintance with the game is helpful</td>
</tr>
<tr>
<td>Softball Throw</td>
<td>2</td>
<td>2</td>
<td>Requires ability to throw a softball over- or under-handed</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>2</td>
<td>1</td>
<td>Requires ability to move quickly; easy to learn the rules</td>
</tr>
<tr>
<td>Timed Walk</td>
<td>2</td>
<td>1</td>
<td>Requires ability to walk 2 miles on a paved path with some uneven areas</td>
</tr>
<tr>
<td>Walking Tour</td>
<td>2</td>
<td>2</td>
<td>Requires ability to walk 1.8 miles at a leisurely pace on an unpaved trail</td>
</tr>
<tr>
<td>Wii Bowling</td>
<td>1</td>
<td>1</td>
<td>Requires a little practice prior to games</td>
</tr>
</tbody>
</table>