



**FORT WAYNE  
PARKS AND  
RECREATION**

## The Community Center

233 West Main Street • (260) 427-6460

Monday - Friday, 8am - 4:30pm

An **active** place for **active** people



*Do you have extra time on your hands? We offer numerous opportunities for people of all ages to join our family of over 150 volunteers and become involved in Community Center programs and operations. Please call 427-6441 for more information.*



The Community Center will be closed Friday 7/4 in observance of Independence Day.

# JULY 2025

## Age 50+ Daily Calendar

### MONTHLY EVENTS

#### TUESDAY MOVIE

Free

7/1            *The Piano Lesson*            1:30pm  
7/15           *Wicked*                                1:30pm

*Must register by the Monday prior*

*Sponsored by Absolute Angels*

#### BINGO

\$2 / 3 Cards

Friday 7/11 & 25    1pm - 3pm

*Sponsored by Heritage Park*

#### MONDAY LUNCHEON

\$5 RSVP

*"Summer Cookout" - Grilled Burgers (tomato, onion lettuce), Baked Beans, Pickle Spears, Ice Cream Sandwiches*

Monday 7/21    12pm

*Sponsored by The Waters Fort Wayne*

#### RELAXATION STATION

\$2

Monday 7/21    10:30am - 11:30am

*Spend an hour relaxing and coloring with friends.*

#### BOOK SALE

Tuesday 7/8 - Thursday 7/10    8am-6pm

Open to the public, featuring hardbacks and DVDs for \$1 and paperbacks for \$.50. Other items such as magazines, cards and puzzles are also available. Donations of these items are accepted year-round.

### DAILY ACTIVITIES

AARP FitLot Park	8am - Dusk	Free
Billiards	8am - 4:30pm	\$2
Circuit Training	8am - 4:30pm	\$2
Cornhole	8am - 4:30pm	\$2
Exercise Equipment	8am - 4:30pm	\$2
Shuffleboard	8am - 4:30pm	\$2

### WEEKLY ACTIVITIES

*All activities are \$2*

#### MONDAY

Table Tennis	8:30am - 11:30am
Cardio Flex	10:45am - 11:30am
Scrabble	1:00pm - 4:00pm

#### TUESDAY

ABC Exercise	9:30am - 10:15am
Indoor Circuit Class	10:00am - 10:45am
Cardio Flex	10:45am - 11:30am
Scrapbooking	1:00pm - 3:00pm

#### WEDNESDAY

Table Tennis	8:30am - 11:30am
(Rubber) Bridge	12:00pm - 4:30pm
Crochet	10:00am - 12:00pm
Euchre	12:00pm - 3:00pm
Crochet	1:00pm - 3:00pm

#### THURSDAY

ABC Exercise	9:30am - 10:15am
Indoor Circuit Class	10:00am - 10:45am
Cardio Flex	10:45am - 11:30am
Quilting	1:00pm - 4:00pm



## SEMINARS

**Eating Smart Moving More**

7/9, 11am

**Chaos to Comfort: Mastering Downsizing**

7/9, 1pm

**Assisted Living Lunch & Learn**

7/10, 1pm

**First Time Homebuyer**

7/10, 6pm

**Mobile Banking**

7/15, 6pm

**Getting the Most out of Your iPhone/iPad**

7/16, 6pm - 8pm, 20 minute appointments

**Intro to Internet Use**

7/16, 6:30pm

**Medicare/Medigap Seminar**

7/23, 10am



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*Thank  
you*

to all the volunteers who made the 46<sup>th</sup> Annual Senior Games a success! We truly could not have done it without you, and we appreciate your continued impact here at the Community Center and in Fort Wayne!