

May 2024

Age 50+ Daily Calendar – Every Week

Hours: Mon – Fri 8 a.m. – 4:30 p.m.

DAILY ACTIVITIES

AARP FitLot Park	8:00 am- Dusk	FREE
Billiards	8:00 am-4:30 pm	\$2
Circuit Training	8:00am-4:30pm	\$2
Cornhole	8:00 am-4:30 pm	\$2
Exercise Equipment	8:00 am-4:30 pm	\$2
Shuffleboard	8:00 am-4:30 pm	\$2



Do you have extra time on your hands? We offer numerous opportunities for people of all ages to join our family of over 150 volunteers and become involved in Community Center programs and operations. Please call 427-6441 for more information.

WEEKLY RECURRING EVENTS

MONDAY

Table Tennis	8:30am-11:30am	\$2
Cardio Flex	10:45am-11:30am	\$2
Scrabble	1:00pm-4:00pm	\$2

TUESDAY

ABC Exercise	9:30am-10:15am	\$2
Indoor Circuit Class	10:00am-10:45am	\$2
Cardio Flex	10:45am-11:30am	\$2
Scrapbooking	1:00pm-3:00pm	\$2

WEDNESDAY

Table Tennis	8:30am-11:30am	\$2
(Rubber) Bridge	12:00 pm-4:30 pm	\$2
Crochet	10:00am-12:00pm	\$2
Euchre	12:00 pm-3pm	\$2
Crochet	1:00pm-3:00pm	\$2

THURSDAY

ABC Exercise	9:30am-10:15am	\$2
Indoor Circuit Class	10:00am-10:45am	\$2
Cardio Flex	10:45am-11:30am	\$2
Quilting	1:00pm-4:00pm	\$2

MONTHLY

<u>MONTHLY</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Cost</u>
<u>Blood Pressure</u>	Th	May 2	9:00 a.m. – 11:00 a.m. Sponsored by: Story Pointe	Free
<u>Tuesday Movie</u>	T	May 21	1:30 p.m. "Supercell" (Pre-register by the Monday prior)	Free
<u>Bingo</u>	F	May 10 May 24	1:00 p.m. – 3:00 p.m. Sponsor: Coventry Meadows & Heritage Park	\$ 1.00/3 cards
<u>Monday Luncheon</u>	M	May 20	12:00 p.m. "Taco Bout' It" Sponsor: Indiana Donor Network	\$5
<u>Relaxation Station</u>	M	May 20	10:30-11:30 a.m. Spend an hour relaxing and coloring with friends.	\$2

Book Sale - Book sales are open to the public and feature hardback books, paperbacks, magazines, puzzles, CD's and DVD's at very low prices. Donations are always welcome, so bring in your old and gently used books.

CLOSED! The Community Center will be closed on Monday, May 27th in observance of Memorial Day.