

October 2024

Age 50+ Daily Calendar – Every Week

Hours: Mon – Fri 8 a.m. – 4:30 p.m.

DAILY ACTIVITIES

AARP FitLot Park	8:00 am- Dusk	FREE
Billiards	8:00 am-4:30 pm	\$2
Circuit Training	8:00am-4:30pm	\$2
Cornhole	8:00 am-4:30 pm	\$2
Exercise Equipment	8:00 am-4:30 pm	\$2
Shuffleboard	8:00 am-4:30 pm	\$2



Do you have extra time on your hands? We offer numerous opportunities for people of all ages to join our family of over 150 volunteers and become involved in Community Center programs and operations. Please call 427-6441 for more information.

WEEKLY RECURRING EVENTS

MONDAY

Table Tennis	8:30am-11:30am	\$2
Cardio Flex	10:45am-11:30am	\$2
Scrabble	1:00pm-4:00pm	\$2

TUESDAY

ABC Exercise	9:30am-10:15am	\$2
Indoor Circuit Class	10:00am-10:45am	\$2
Cardio Flex	10:45am-11:30am	\$2
Scrapbooking	1:00pm-3:00pm	\$2

WEDNESDAY

Table Tennis	8:30am-11:30am	\$2
(Rubber) Bridge	12:00 pm-4:30 pm	\$2
Crochet	10:00am-12:00pm	\$2
Euchre	12:00 pm-3pm	\$2
Crochet	1:00pm-3:00pm	\$2

THURSDAY

ABC Exercise	9:30am-10:15am	\$2
Indoor Circuit Class	10:00am-10:45am	\$2
Cardio Flex	10:45am-11:30am	\$2
Quilting	1:00pm-4:00pm	\$2

MONTHLY

	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Cost</u>
<u>Tuesday Movie</u>	T	Oct. 15	1:30 p.m. The Lost King (Pre-register by the Monday prior) Sponsors: American Senior Communities The Waters of Fort Wayne	Free
<u>Bingo</u>	F	Oct. 11 Oct. 25	1:00 p.m. – 3:00 p.m. Sponsor: Heritage Park	\$ 1.00/3 cards
<u>Monday Luncheon</u>	M	Oct. 21	12:00 p.m. “Southern Comfort” Sponsor: Divine Mercy Funeral Homes	\$5
<u>Relaxation Station</u>	M	Oct. 21	10:30-11:30 a.m. Spend an hour relaxing and coloring with friends.	\$2

Book Sale October 8th – 10th – Book sales are open to the public and feature hardback books for \$1, paperback books for .50¢ and DVD's for \$1. Other items such as magazines, cards, CD's and puzzles are also available. Donations of these items are accepted year-round.