



**FORT WAYNE  
PARKS AND  
RECREATION**

# Community Center

233 West Main Street (260) 427-6460  
Fort Wayne, In 46802

**June 2022**

Mon-Fri 8:00 A.M. - 4:30 P.M.  
[www.fortwayneparks.org](http://www.fortwayneparks.org)

## FREE SEMINARS

### The Dos and Don'ts of Downsizing

Wednesday, June 15th  
1:00-2:00 p.m.  
Sign up by June 8th

### Medicare and Medigap Supplemental Seminar

Wednesday, June 22nd  
10:00-11:30 a.m.  
Sign up by June 15th

### Retirement Income Planning

Wednesday, June 15th  
6:00-7:30 p.m.  
Sign up by June 8th

### Eating Smart and Moving More

Wednesdays, June 22nd-July 13th  
5:30-6:30 p.m.  
Sign up by June 15th

### Assisted Living Lunch and Learn

Thursday, June 16th  
1:00-2:00 p.m.  
Sign up by June 9th

### Preserving Assets for the Future

Tuesday, June 28th  
1:00-3:00 p.m.  
Sign up by June 21st

### Understanding and Responding to Dementia-Related Behaviors

Monday, June 20th  
3:30-5:00 p.m.  
Sign up by June 13th

Call 427-6460 to  
sign up for any of these  
seminars.



### AARP Sponsored Fitness Park Powered by FitLot

The fitness park  
is here for you to  
stop in and work  
out daily any  
time from 8:00  
a.m. to dusk.

**Call 427-6460  
for more  
information!**

## 2022 Senior Games

June 4th– July 7th, 2022



**Register now for the 2022 Senior Games!**  
Brochures and registration available at the Community  
Center, by calling 427-6460, or online at  
[www.fortwayneparks.org](http://www.fortwayneparks.org)

## DOWNTOWN WALKERS

Wednesdays, 11:00 am



Come enjoy a nice walk through Downtown Fort Wayne and make some new friends along the way. Join us for a fun 1 mile walk while enjoying the company of others.

Call 427-6460 for more information. Drop in fee: \$1

