

Intergenerational Fishing Derby

Saturday, September 23 10 am-12 pm
Lakeside Park, 1401 Lake Ave.



Bring your favorite "under 50" fishing partner (just one, please) and see who can land the biggest fish. You don't need a fishing license to participate in this event, but you do need to bring your own bait, gear and good luck. The derby is FREE; however, pre-registration is required. Call 427-6460 by September 15 to sign up and check in by 9:30 on the morning of the event.

Walk to End ALZHEIMER'S

Sat, October 7, 9 am

Help us end Active Aging Week with a bang! Join The Active Agers team as we Walk to End Alzheimer's! We will meet at the Community Center and walk to Parkview Field at 9:00 a.m. for the opening ceremony. After that, you can choose a 1-mile or 3-mile walk. This activity is free but you must call 427-6460 by September 24 to sign up. The Community Center works closely with the Fort Wayne Alzheimer's Association to provide programming in support of caregivers and those with early stage dementia.

ACTIVE AGING WEEK

We don't stop playing because we grow old.

We grow old because we stop playing.



October 2 - 6
50+ Fun All Week Long!

Schedule of events inside.



FORT WAYNE
PARKS AND
RECREATION

VETERANS' BREAKFAST & BINGO

Friday
NOVEMBER 3
9:30 a.m.

Community Center
233 W. Main St., Fort Wayne



www.fortwayneparks.org

What is Active Aging Week?

Active Aging Week was initiated by the International Council of Active Aging to celebrate aging and to promote the benefits of a healthy lifestyle on a national scale. Similar to other organizations around the world, we are providing multiple free activities for older adults. We want to share the positive messages of Active Aging Week and to showcase our age-friendly wellness programs. The campaign's overriding goal is to give as many older adults as possible the means to experience wellness activities and exercise in a safe, friendly and fun atmosphere.

How to Register

There is no charge for Active Aging Week events, however, pre-registration is required and space is limited. Call 427-6460 or stop by the Community Center, 233 W. Main St., to sign up. Registration deadlines are two business days prior to each event.



Event Locations

Community Center 233 W. Main Street
 Fort Wayne Outfitters..... 1004 Cass St, Fort Wayne
 Kreager Park 7225 N River Rd, Fort Wayne
 McMillen Golf Course..... 3900 Hessen Cassel Rd, Fort Wayne
 McMillen Park Community Center 3901 Abbott St.
 Shoaff Park Golf Course 6401 St Joe Rd, Fort Wayne

Community Vaccine Clinic

Monday, October 2, 10:00 am-1:00 pm
Community Center, 233 W. Main St.

The Aging & Disability Vaccination Collaborative will be offering FREE vaccines (Shingles, Pneumonia, COVID, Flu, etc.) for adults 18+ following the Opening Breakfast. No appointment is necessary. You will need to provide an ID and your health insurance card.

**FREE
 VACCINES**



Thank You to Our Sponsors:



Schedule of Events

Check in by	Activity	Location	Register by
Monday, October 2			
9:00 am	Opening Breakfast <small>Sponsored by Silver Birch</small>	Community Center	9/29
10:00 am	Vaccine Clinic (ID/Health Insurance Card required) <small>Sponsored by Aging & Disability Vaccination Collaborative</small>	Community Center	Drop In
10:00 am	Women's Cornhole Tournament	Community Center	9/29
11:00 am	Men's Cornhole Tournament <small>Sponsored by Hearing Aids Plus</small>	Community Center	9/29
2:00 pm	Kayaking (1 hour / limit 12 participants)	Fort Wayne Outfitters	9/29
Tuesday, October 3			
9:00 am	Pickleball Tournament <small>Sponsored by Indiana Donor Network</small>	McMillen Park CC	9/29
11:00 am	Women's Golf (9 holes)	Shoaff Golf Course	9/29
2:00 pm	Billiards Tournament	Community Center	9/29
3:30 pm	Downtown Mural Tour <small>Sponsored by Life Care Center of Fort Wayne</small>	Community Center	9/29
5:30 pm	Disc Golf (9 or 18 holes)	Shoaff Park	9/29
Wednesday, October 4			
9:00 am	Table Tennis	Community Center	10/2
11:00 am	Men's Golf (9 holes)	McMillen Golf Course	10/2
2:00 pm	Connect Four	Community Center	10/2
Thursday, October 5			
9:00 am	Bocce <small>Sponsored by Englewood Health & Rehab</small>	Kreager Park	10/3
11:30 am	Time Jigsaw Puzzling	Community Center	10/3
2:00 pm	Wii Tournament	Community Center	10/3
6:00 pm	Staying Active Trivia	Community Center	10/3
Friday, October 6			
9:00 am	Shuffleboard Tournament	Community Center	10/4
12:00 pm	Lunch (first 50 participants) <small>Sponsored by Nine Mile Restaurant</small>	Community Center	10/4