

25 Things To Do With A Tree

1. Do push-ups on the side of a tree
2. Hang off lower branch of a tree
3. Climb it
4. Find a stick on the ground and break it over your knee
5. Kick a soccer ball at it
6. Hug it-Can your fingers touch on the other side?
7. Tie a rope to the trunk and turn it for a friend to jump
8. Try to push over a large tree
9. Jump to try and touch its leaves or limbs
10. Use it as "base" in a game of tag
11. Stand like a tree, moving only when the breeze blows against your leaves
12. Do some pull-ups from a lower limb
13. Put the bottom of your foot against a tree and stretch
14. Run from tree to tree. How long did it take?
15. Paint a tree with mud or throw mud at a tree
16. Play chase with a friend around the trunk of a tree
17. Hide things around a tree for a scavenger hunt
18. Connect a rope or slack line between two trees
19. Do a hand stand against the base of a tree
20. Flip over a lower limb
21. Learn the names of 5 different kinds trees.
22. Find a stick on the ground and walk like an old man/woman
23. Hang upside down by your knees from a low (and strong) limb
24. Hide behind it and mimic the nearby animals
25. Look for a tree that is far away and throw a ball at it. How many throws did it take to hit it?