



**FORT WAYNE  
PARKS AND  
RECREATION**

# Community Center

**233 West Main Street (260) 427-6460  
Fort Wayne, In 46802**

**September 2022**

*Mon-Fri 8:00 A.M. - 4:30 P.M.  
www.fortwayneparks.org*

## FREE SEMINARS

**Know the 10 Signs  
(of Alzheimer's and Dementia)**  
Monday, September 12th  
3:30-5:00 p.m.  
Sign up by September 5th

**Medicare and Medigap  
Supplements**  
Wednesday, September 21st  
10:00-11:00 a.m.  
Sign up by September 15th

**Putting Your Garden to Bed  
for the Winter**  
Wednesday, September 21st  
6:00-7:30 p.m.  
Sign up by September 14th

**Savvy Social Security  
Planning**  
Wednesday, September 21st  
6:00-7:30 p.m.  
Sign up by September 14th

**Joint Screening and Fall  
Risk Assessment**  
Thursday, September 22nd  
10:00-11:00 a.m.

**Assisted Living Lunch and  
Learn**  
Thursday, September 22nd  
1:00- 2:00 p.m.

Call 427-6460 to  
sign up for any of  
these seminars.

## Active Aging Week, October 3-7

Join us for Active Aging Week and celebrate the positivity of aging. All Active Aging Week events are free; however, pre-registration is required. Registration deadlines are two days prior to each event.

**Call 427-6460 or stop by the Community Center to sign up.  
All events are held at the Community Center, 233 W. Main St.  
unless otherwise noted.**

### Monday, October 3

9:00 a.m. Opening Breakfast  
10:00 a.m. Women's Cornhole  
Tournament  
11:00 a.m. Men's Cornhole  
Tournament  
2:00 p.m. Kayaking  
FW Outfitters,  
1004 Cass St.

### Tuesday, October 4

11:00 a.m. Women's Golf, 9 holes  
Shoaff Park,  
6401 St. Joe Rd.  
2:00 p.m. Billiards Tournament  
3:30 p.m. Bradley Hotel/Kilwins  
Walking Tour  
5:30 p.m. Disc Golf  
Shoaff Park, 6401 St. Joe  
Rd.

### Wednesday, October 5

9:00 a.m. Table Tennis  
11:00 a.m. Men's Golf, 9 holes  
McMillen Golf Course,  
Oxford east of Anthony  
Blvd.  
2:00 p.m. Connect Four

### Thursday, October 6

9:00 a.m. Bocce  
Kreager Park,  
North River Rd.  
11:30 a.m. Timed Jigsaw Puzzling  
2:00 p.m. Wii Tournament  
6:00 p.m. Staying Active Trivia

### Friday, October 7

9:00 a.m. Shuffleboard Tournament  
12:00 p.m. Lunch  
Provided for the first  
50 Active Aging Week  
participants only



## Join Our Leagues for Some Friendly Competition!

**Community Cornhole League**  
Wednesdays, October 12-November 16, 1 pm

**Recreational Shuffleboard League**  
Wednesdays, October 12-November 16, 10 am

**Call Mary at 427-6461 to sign up or for  
more information.**



**AARP Sponsored  
Fitness Park  
Powered by FitLot**

## OUTDOOR FITNESS FUN

The fitness park is here for you to stop in and work out daily any time from 8:00 a.m. to dusk.

Come anytime, or join us for one of our instructor-led drop in sessions or class. All classes are FREE.

**Call 427-6460 for more information!**

### Instructor Supervised Drop-In Sessions

9/6	Tues.	1:30 pm
9/14-11/2	Wed.	10:45 am

### Fit Class

441212-M1	9/12-11/2	M, W	9:30-10:30 am
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