

# Intergenerational Fishing Derby

Saturday, September 28 10 am-12 pm  
Lakeside Park, 1401 Lake Ave.



Bring your favorite fishing partner under the age of 50 (only one partner per 50+ person) and double your fun and your chances to catch the biggest and most fish! You do not need a fishing license to participate in this event, but you do need to bring your own gear. Don't forget to bring a fun attitude and some good luck! The Derby is FREE. Please call 427-6460 by September 15 to sign up and check-in by 9:30 on the morning of the event

# Walk to End ALZHEIMER'S

Sat, October 5, 9 am

Help us end Active Aging Week with a bang! Join The Active Agers team as we Walk to End Alzheimer's! We will meet at the Community Center and walk to Parkview Field at 9:00 a.m. for the opening ceremony. After that, you can choose a 1-mile or 3-mile walk. This activity is free but you must call 427-6460 by September 25 to sign up. The Community Center works closely with the Fort Wayne Alzheimer's Association to provide programming in support of caregivers and those with early stage dementia.

# ACTIVE AGING WEEK



Sept 28 - Oct 4  
50+ Fun All Week Long!

Schedule of events inside.



FORT WAYNE  
PARKS AND  
RECREATION

# Veterans' Breakfast & BINGO

Friday 9:30  
Nov 8 | a.m.

Community Center  
233 W. Main St.

One guest is invited to attend with each veteran. Please call 427-6460 by October 27 to reserve your seat.



THANK YOU FOR YOUR SERVICE  
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American Senior  
Communities



PARK PLACE  
SENIOR LIVING



# What is Active Aging Week?

Active Aging Week was initiated in 2003 by the International Council of Active Aging to celebrate aging and to promote the benefits of a healthy lifestyle on a national scale. Similar to other organizations around the world, we are providing multiple free activities for older adults. We want to share the positive messages of Active Aging Week and to showcase our age-friendly wellness programs. The campaign’s overriding goal is to give as many older adults as possible the means to experience wellness activities and exercise in a safe, friendly and fun atmosphere.

## How to Register

There is no charge for Active Aging Week events, however, pre-registration is required and space is limited. Call 427-6460 or stop by the Community Center, 233 W. Main St., to sign up. Registration deadlines are two business days prior to each event.



## Event Locations

Community Center .....	233 West Main Street
Kreager Park .....	7225 North River Road
Lakeside Park .....	1401 Lake Avenue
McMillen Park Golf Course.....	Oxford Street & Hessen Cassel Road
McMillen Park Community Center .....	3901 Abbott Street
Shoaff Park Golf Course .....	6401 St Joe Road

*We don’t stop playing  
because we grow old.*

*We grow old because  
we stop playing.*

## Thank You to Our Sponsors:



# Schedule of Events

Check in by	Activity	Location	Register by
Saturday, September 28			
9:30 am	Intergenerational Fishing Derby	Lakeside Park	9/26
Monday, September 30			
9:00 am	Opening Breakfast	Community Center	9/26
9:30 am	Men’s Cornhole Tournament	Community Center	9/26
12:30 pm	Women’s Cornhole Tournament <small>Sponsored by Aetna</small>	Community Center	9/26
Tuesday, October 1			
8:30 am	Pickleball Mixed Doubles <small>Sponsored by Oak Street Health</small>	McMillen Park CC	9/27
10:30 am	Men’s Golf (9 holes)	McMillen Park GC	9/27
1:30 pm	Billiards Tournament	Community Center	9/27
3:00 pm	Downtown Mural Tour	Community Center	9/27
5:00 pm	Disc Golf (9 holes)	Shoaff Park	9/27
Wednesday, October 2			
8:30 am	Women’s Table Tennis Doubles	Community Center	9/30
10:30 am	Men’s Table Tennis Doubles	Community Center	9/30
10:30 am	Women’s Golf (9 holes)	Shoaff Park GC	9/30
1:30 pm	Connect Four	Community Center	9/30
Thursday, October 3			
8:30 am	Women’s Bocce <small>Sponsored by Englewood Health &amp; Rehab</small>	Kreager Park	10/1
10:30 am	Men’s Bocce <small>Sponsored by Englewood Health &amp; Rehab</small>	Kreager Park	10/1
12:00 pm	Time Jigsaw Puzzling	Community Center	10/1
1:30 pm	Wii Bowling Tournament <small>Sponsored by Indiana Donor Network</small>	Community Center	10/1
5:30 pm	Staying Active Trivia	Community Center	10/1
Friday, October 4			
8:30 am	Men’s Shuffleboard Tournament	Community Center	10/2
10:30 am	Women’s Shuffleboard Tournament	Community center	10/2
1:00 pm	Lunch (first 50 participants to sign up) <small>Sponsored by Nine Mile Restaurant</small>	Community Center	10/2