

## FREE SEMINARS

Living with Late Stage  
Alzheimer's  
Monday, July 12th (Part 2)  
3:30 p.m.-5:00 p.m.  
Sign up by July 5th

What Does "Hearing Loss"  
Mean?  
Tuesday, July 13th  
1:30 p.m.  
Sign up by July 6th

Stop the Bleed  
Tuesday, July 20th  
1:30 p.m.  
Sign up by July 13th

Joint Screening &  
Fall Risk Assessment  
Thursday, July 22nd  
10:00 a.m.-11:00 a.m.  
Walk-ins welcome

Retirement Income Planning  
Tuesday, July 27th  
6:00 p.m.-7:30 p.m.  
Sign up by July 20th

Call 427-6460 to sign up.

## AARP Sponsored Fitness Park Powered by FitLot



### Drop-In Introductory Sessions

Tues, 7/6, 1:30 pm Th, 7/8, 1:30 pm Fri, 7/9, 10 am

### Instructor Supervised Drop-In Sessions

Now-7/21, 10:45 am Fri, 7/16-9/3, 10:00 am

### Fit Classes

Code	Dates	Day	Time
341212-M1	7/12-9/1	M, W	9:30-10:30 am
341212-T2 8	8/3-9/23	T, Th	5:30-6:30 pm

**All Classes are FREE!**  
Call 427-6460 for more information!

## Children's Book Sale and Swap July 13-15 10:00 a.m.-6:00 p.m.

Join us for the Children's Book Sale, where youth of all ages may swap up to 5 books while purchasing is unlimited. Books start at \$.25 and are no more than \$1 unless specifically marked.

Our Adult Book Sale will run the same days from 8:00 a.m.-6:00 p.m.

## Headwaters History Tour Monday, July 12 Wednesday, July 14 9:30-11:30 a.m.

Join us on a walk to Headwaters Park where we will visit historical sites pertinent to Fort Wayne's history. The tour departs from the Community Center with Keith Hood as our historical tour guide. \$4 paid reservations are required one week prior to each tour.

Call 427-6460 to register.

## Join Our Summer Leagues for Some Friendly Competition!

Recreational Shuffleboard League  
Wednesdays, August 11th-Sept. 15th 9:30 am

Community Cornhole League  
Wednesdays, July 21st-August 25th, 1:00pm

Call Mary at 427-6461 to sign up or for more information.